

a quick word...

NEW TERM, A NEW SCHEDULE

The new term starts today, 9th March!
So we have a slightly new schedule:
some new classes and some shuffling
around. Have a look 😊

TERM FEES

So guys, hope you enjoyed the
introductory offer. Basically, class fees
will go up a small bit. Wish we could
keep them at the previous level, but
there's no way we can develop... Sure
listen, you all know the story. Anyway,
here is the new schedule of fees for classes.

| Time | Monday | | Tuesday | | Wednesday | | |
|-------|------------------------|------------------------|------------------------|------------------------------|-------------------------------|------------------------------|-------------------|
| 6 | | | | Conditioning | | | |
| 06:30 | Explorers Verticals | Improvers Supports | Explorers Supports | Trainee Tutor Training | Improver/Skilled Verticals | | |
| 7 | | | | | | | |
| 07:30 | | | | | | | |
| 8 | Explorers Supports | Improvers Verticals | Explorers Verticals | Improvers/Skilled Doubles | | Improver/Skilled Supports | |
| 08:30 | | | | | | | |
| 9 | | | | | | | Flexibility Class |
| 09:30 | | | | | Improver/Skilled Creative | | |
| 10 | | | | | | | |

WHAT HAPPENS IF I MISS A CLASS?

I've been asked this quite a bit lately. Unfortunately due to the small sizes of our classes, we are unable to offer the flexibility of attending alternative classes or of carrying credit forward for classes that you miss. We still have to pay our tutors, the rent, heating etc. If you know that you're not going to be around for a week, you should consider using drop-ins instead. We've tried to accommodate people and it's just not possible. Sorry guys.

PPP: Physical Preparation Programme

So we've definitely received a lot of feedback on running conditioning and flexibility classes. We're going to give it a go and see how they run. I'll be running a 1 hour conditioning class on Tuesdays, which will start at 6pm. Basically, you can use this as a way of building up your body strength, but for those of you doing Explorers Supports you can use it as a hard-core warm-up. If you're already a student with us, you can add it to your term fee for only €20, meaning each session will only cost you €5!!! Otherwise it's €10 per session.

OFFICIAL OPENING: SATURDAY, 7TH FEBRUARY

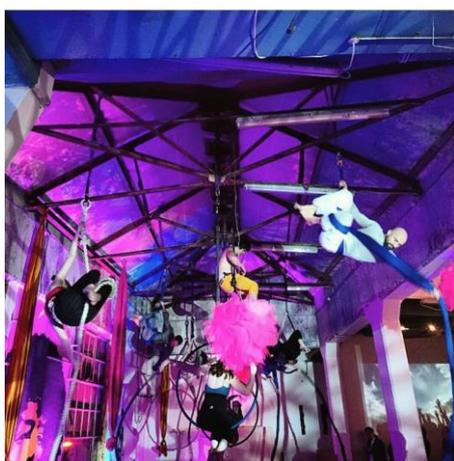
Well the Official Opening was amazing guys. Thanks so much to everyone who helped out. It just would not have been possible otherwise! We must get our new sign up in the space, then it'll be home. Special thanks need to go to my sister, Sinéad, for all of her work for us over the past few months: I didn't get to say it on the night (I'm such a bad brother sometimes!)

PHOTOSHOOT WITH ANTON, 22nd FEBRUARY

We had an amazing days of photoshoots with Anton Privrel. Everybody was delighted on the day and we're looking forward to seeing the finishing pictures! Let us know if you'd be interested in taking advantage of an opportunity like this in the future.

ELECTRIC PICNIC 2015 LAUNCH

This took place in the studio and we were lucky enough to secure a contract for providing aerial entertainment. Well done to our teachers Jenny & Jess; and particular well done to members of our Wednesday night class for their group performance (Dee, Jenny, Jenn, Hazel, Ivan, Sean, Shane, Benny, Orna, and of course special guest, Ronan). The space looked amazing and we're now looking at the possibility of a student performance night on the June Bank Holiday weekend!!!



WORKSHOPS

We did an online survey about what kind of workshops you'd like to have, and here are the results. 31 people responded, and remember it was possible to tick more than one box 😊

| | |
|--|--------|
| 3 Day Aerial Bootcamp in Dublin, May Bank Holiday (May 2-4) | 21 68% |
| 3 Day Aerial Bootcamp in Dublin, Easter Bank Holiday (April 4-6) | 14 45% |
| Explorer Vertical Dance Weekend in Carrick on Shannon | 7 23% |
| Improver Vertical Dance Weekend in Carrick on Shannon | 3 10% |
| Acrobatics/Somersaulting Weekend in Carrick on Shannon | 9 29% |
| Act Creation Weekend in Dublin | 9 29% |
| Doubles Weekend in all things aerial: trapeze, hoop, fabric, rope, in Dublin | 13 42% |

So we'll be looking at organising **Bootcamps and a Doubles Weekend** during the coming days and putting information up on the website and Facebook page.