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a quick word



year old

So we're one year in the Chocolate Factory. Time has flown from when we started teaching out of here. The past year has seen us expand our schedule and our training space, and the demand continues to grow. As a studio we remain dedicated to providing affordable classes to all who are interested in learning aerial. In our first year we offered a free taster class to everyone. This has now been replaced by a taster package, where people get a free session as part of their first term booking.

NEW SCHEDULE

So we have a selection of new classes:

- Handstands, with Ronan
- 90 minute conditioning, with Ronan
- Flexibility with Emmen
- Introduction to Aerials

Terms are now 6 weeks long, so don't freak out ☺

From the 15th February (Term 2 of 2016), we have to introduce a minimum number to technical classes so that we can at least cover the cost of rent, insurance, tutors etc. Classes will require a minimum of 4 to run. If the class doesn't run, then obviously, a full refund will be given.

Time	Monday	Tuesday	Wednesday
6pm			18:00-19:00 All levels FLEXIBILITY
6:30pm	18:30 – 20:00 Explorer VERTICALS	18:30 – 20:00 Improver SUPPORTS	18:30 – 20:00 All Levels HANDSTANDS
7pm	18:30 – 20:00 Explorer SUPPORTS	18:30 – 20:00 Explorer DOUBLES TRAPEZE	18:30 – 20:00 INTRO. TO AERIALS
7:30pm	20:00 – 21:30 Explorer SUPPORTS	20:00 – 21:30 Improver VERTICALS	20:00 – 21:30 CONDITIONING
8pm	20:00 – 21:30 Improver VERTICALS	20:00 – 21:30 Explorer VERTICALS	20:00 – 21:30 Improver DOUBLES TRAPEZE
8:30pm	20:30 – 22:00 Explorer VERTICALS	20:30 – 22:00 Improver & Skilled VERTICALS	20:30 – 22:00 Improver & Skilled SUPPORTS
9pm			
9:30pm			

NEW PRICING

There is a slight increase in pricing due to increased overheads: €2.50 per class for technical classes within the term booking. Conditioning and Flexibility will be at just €10 within a term booking, and €15 for a drop-in. Open Training will remain at €10 per booking, and can be reserved through the online booking system. Also, technical drop-ins remain at €25 per session.

UPCOMING EVENTS



Aerial Bootcamp is this weekend. When I'm typing this there's only 1 space left, which is amazing! How much aerial has come along in the past few years.

Cirque de Demain webcast

This happens the last week and weekend of January. Basically, it's the world championships of newly graduated circus artists all over the world. They normally do a live webcast on the Saturday evening of one of the finals. We are hoping to host an event that evening in the Chocolate Factory. This will be open to everyone.



Professional Photoshoot

So last year this proved to be very popular and we've had requests to run it again. Let either myself, Aisling or Deirdre know if you're interested in having a professional photoshoot done: lights, costume, make-up! Time to look like a pro. Normally you'll pay somewhere in the region of €200+ for a session with a professional. We hope to be able to provide it for about €100. Keep an eye on the website for further information.

